

THE 7-DAY CLEANING SCHEDULE

Only 1 week until your house sparkles!

Day 1

MASTER BEDROOM & GUEST ROOM:

- ☐ dust all surfaces
- ☐ dust/clean blinds or drapery
- ☐ wash windows
- ☐ wipe down ceiling fans and dust baseboards
- ☐ flip/rotate mattress
- ☐ change bedding - add blankets for cool weather
- ☐ quickly organize closet
- ☐ vacuum rugs or clean tile/hardwood floors

Day 2

LAUNDRY / UTILITY ROOM:

- ☐ dust all surfaces
- ☐ clean appliance surfaces
- ☐ clean washing machine if necessary
- ☐ wash windows
- ☐ dust baseboards
- ☐ clean lint trap thoroughly
- ☐ fold / put away laundry
- ☐ organize cabinets / cleaning supplies
- ☐ vacuum rugs or clean tile/hardwood floors

Day 3

MASTER & CHILDREN'S BATHROOM:

- ☐ clean all countertops, surfaces and sinks
- ☐ clean mirrors
- ☐ clean shower / tub
- ☐ wash or replace shower curtain
- ☐ clean toilet
- ☐ replace toilet paper, store extra in bathroom
- ☐ replace tissues
- ☐ wash windows
- ☐ dust baseboards
- ☐ mop floors and wash rugs

Day 4

CHILDREN'S BEDROOM(S):

- ☐ dust all surfaces
- ☐ dust/clean blinds or drapery
- ☐ wash windows
- ☐ wipe down ceiling fans and dust baseboards
- ☐ flip/rotate mattress
- ☐ change bedding - add blankets for cool weather
- ☐ quickly organize closet
- ☐ store all non-essential toys
- ☐ organize books and bedside items
- ☐ vacuum rugs or clean tile/hardwood floors

Day 5

FAMILY ROOM / DEN:

- ☐ dust all surfaces
- ☐ polish all furniture
- ☐ organize all DVDs / video games
- ☐ store all non-essential toys / children's items
- ☐ wash windows
- ☐ dust baseboards
- ☐ vacuum couches / underneath cushions
- ☐ vacuum rugs or clean tile/hardwood floors

Day 6

GUEST BATHROOM:

- ☐ clean all countertops and surfaces and sinks
- ☐ clean mirrors
- ☐ clean shower / tubs
- ☐ wash or replace shower curtain
- ☐ clean toilet
- ☐ replace toilet paper, store extra in bathroom
- ☐ replace tissues
- ☐ wash windows
- ☐ dust baseboards
- ☐ mop floors and wash rugs

Day 7

KITCHEN:

- ☐ clean all surfaces - including appliances
- ☐ clean sink/garbage disposal
- ☐ organize pantry
- ☐ clean out refrigerator/freezer (make room for prepared dishes/ leftovers)
- ☐ clean oven
- ☐ store all non-essential small appliances and wipe down those that remain on countertops
- ☐ mop floor