

# THE 7-DAY CLEANING SCHEDULE

*Only 1 week until your house sparkles!*

## Day 1

### MASTER BEDROOM & GUEST ROOM:

- dust all surfaces
- dust/clean blinds or drapery
- wash windows
- wipe down ceiling fans and dust baseboards
- flip/rotate mattress
- change bedding - add blankets for cool weather
- quickly organize closet
- vacuum rugs or clean tile/hardwood floors

## Day 2

### LAUNDRY / UTILITY ROOM:

- dust all surfaces
- clean appliance surfaces
- clean washing machine if necessary
- wash windows
- dust baseboards
- clean lint trap thoroughly
- fold / put away laundry
- organize cabinets / cleaning supplies
- vacuum rugs or clean tile/hardwood floors

## Day 3

### MASTER & CHILDREN'S BATHROOM:

- clean all countertops, surfaces and sinks
- clean mirrors
- clean shower / tub
- wash or replace shower curtain
- clean toilet
- replace toilet paper, store extra in bathroom
- replace tissues
- wash windows
- dust baseboards
- mop floors and wash rugs

## Day 4

### CHILDREN'S BEDROOM(S):

- dust all surfaces
- dust/clean blinds or drapery
- wash windows
- wipe down ceiling fans and dust baseboards
- flip/rotate mattress
- change bedding - add blankets for cool weather
- quickly organize closet
- store all non-essential toys
- organize books and bedside items
- vacuum rugs or clean tile/hardwood floors

## Day 5

### FAMILY ROOM / DEN:

- dust all surfaces
- polish all furniture
- organize all DVDs / video games
- store all non-essential toys / children's items
- wash windows
- dust baseboards
- vacuum couches / underneath cushions
- vacuum rugs or clean tile/hardwood floors

## Day 6

### GUEST BATHROOM:

- clean all countertops and surfaces and sinks
- clean mirrors
- clean shower / tubs
- wash or replace shower curtain
- clean toilet
- replace toilet paper, store extra in bathroom
- replace tissues
- wash windows
- dust baseboards
- mop floors and wash rugs

## Day 7

### KITCHEN:

- clean all surfaces - including appliances
- clean sink/garbage disposal
- organize pantry
- clean out refrigerator/freezer (make room for prepared dishes/ leftovers)
- clean oven
- store all non-essential small appliances and wipe down those that remain on countertops
- mop floor